



Usage Chart

HAIR TYPE	WASH	CONDITION	STYLE
Normal Hair (also Hair Extensions)	Ginger Soymilk Hair Wash Wash twice a week or as needed.	Shea Rice Milk Conditioner Apply after shampooing; rinse. Shea Hair Mask Use for deep conditioning once a week or as needed.	Shea Leave In Apply to hair and style as usual. Shea Pomade For short hair: apply and style as usual.
Oily Hair	Ginger Soymilk Hair Wash Honey Soymilk Hair Wash Lemon Mint Hair Wash Wash twice a week or as needed.	Shea Rice Milk Conditioner Apply after shampooing; rinse.	Shea Leave In Apply to hair (avoiding roots) and style as usual. Shea Pomade For short hair: apply and style as usual.
Fine Hair (Normal to Dry)	Honey Soymilk Hair Wash Wash twice a week or as needed.	Shea Rice Milk Conditioner Apply after shampooing; leave on at least 3 minutes; rinse.	Shea Leave In Apply to hair and style as usual. Shea Pomade For short hair: apply and style as usual.
Thick Hair (Normal to Dry)	Ginger Soymilk Hair Wash Wash twice a week or as needed.	Shea Rice Milk Conditioner Apply after shampooing; rinse. Shea Hair Mask Use for deep conditioning once a week or as needed.	Shea Hair Cream Apply to hair and style as usual. Shea Pomade For short hair: apply and style as usual.
Chemically Treated or Blonde Hair	Lemon Mint Hair Wash Wash twice a week or as needed.	Shea Rice Milk Conditioner Apply after shampooing; leave on at least 3 minutes; rinse. Shea Hair Mask Use for deep conditioning once a week or as needed.	Shea Hair Cream or Leave In For thick hair use Hair Cream; for finer hair use Leave In; apply either and style as usual. Shea Pomade For short hair: apply and style as usual. Shea Spray Spray onto wet or dry hair and style as usual.
Black, Ethnic	Ginger Soymilk Hair Wash Honey Soymilk Hair Wash Wash twice a week.	Shea Rice Milk Conditioner Apply after shampooing; rinse. Shea Hair Mask Apply to hair for deep conditioning once a week or as needed.	Shea Hair Cream Apply and style as usual. Shea Pomade For short hair: apply and style as usual.
Extremely Dry Hair (I recommend a haircut.)	Ginger Soymilk Hair Wash Honey Soymilk Hair Wash Lemon Mint Hair Wash Do not wash your hair daily.	Shea Rice Milk Conditioner Apply after shampooing; leave on at least 3 minutes; rinse. Shea Hair Mask For deep conditioning at least once a week, apply to hair and leave on overnight.	Shea Hair Cream Apply and style as usual. Avoid use of heat. Shea Pomade Apply and style as usual. Avoid use of heat. Shea Spray Spray onto wet or dry hair and style as usual.